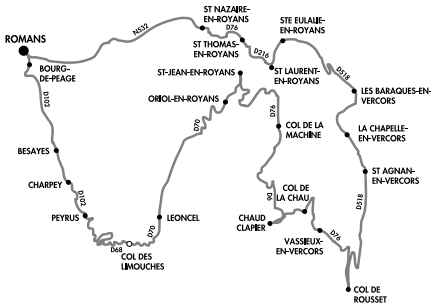


IDEAS FOR OUTINGS AND EXCURSIONS

DISCOVER THE ROYANS-VERCORS

(180 KM) (1-3)

(The inebriating high plateaux From the secret gorges of the Royans to the first encounter with alpine pastures, penetrate the citadel of the Vercors, a stationary vessel keeping watch on the horizon. Experience the light-headedness of walking in the heart of a secret garden provided by the wilderness of nature.

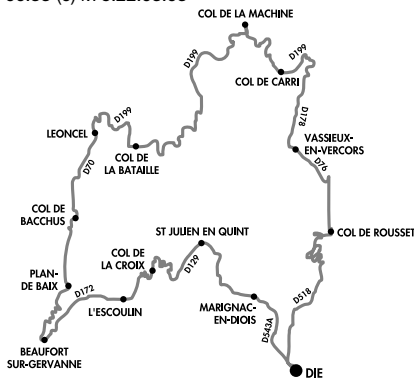


THE VERCORS AND THE QUINT VALLEY

(140 KM) (3-4)

Valleys of wonder

From oak groves to fir forests, far from the madding crowd, discover a haven of peace in the many valleys nestling between the valley of the Drôme and the cliffs of the Vercors. At the head of the land of Quint, sit down and listen to the silence : breathe in and live. **Visit Die** : St Marcel gate, cathedral, walls, archaeological museum, Purgnon tower, former Bishop's palace, protestant church ("temple"), Valcroissant abbey. Guided tours provided by the Office de Tourisme. Tel. 00.33 (0)4.75.22.03.03

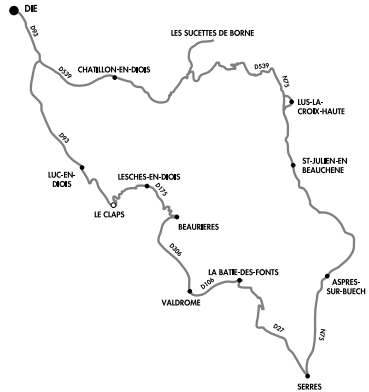


THE DIOIS AND THE UPPER BUECH VALLEY

(140 KM) (4)

Where the Drôme springs

More than a journey, rather a return to source which will lead you from the charming vineyards of Châtillon-en-Diois to the hidden valley from whence the Drôme springs. A tonic journey! On the way back, do not miss the "saut de la Drôme".



THE HEART OF THE DRÔME (160 KM) (4-5)

At the heart of the Drôme

Start at Crest, from the renowned keep which stands sentinel over the valley, and discover the soul of a valley and its timeless villages. Southern light and houses built of stone, craftsmen and women and farmers; a whole expanse of territory lies waiting to greet you. Welcome it! Take the time to stop and loose a little time. **Visit Crest**: The Tour de Crest, highest keep in France, the old town and the Cordeliers stairs. Guided tours provided by the Office de Tourisme. Tel. 00.33 (0)4.75.25.11.38

